Deep Detox

Designed for those seeking detoxification support with focus on nourishing the liver, the Deep Detox Protocol promotes liver health and overall wellness.

A nourished liver does a stellar job of processing a wide variety of chemicals for excretion. Deep Detox provides three products aimed at optimizing nutritional support and promoting antioxidant protection specific to liver tissue. The liver is vulnerable to inflammatory processes and oxidative stress, issues that may be exacerbated by modern diets, obesity, and metabolic syndrome.

The Metabolic Detox® Complete formula is the foundational product of the protocol, providing potent nutritional support for detoxification processes in the liver. It provides a multivitamin in a base of 20 grams of plant-based protein. Plant extracts and amino acids have been included to support the liver in its daily detoxification role.

BioMaintenance™ Prebiotic + Fiber aids timely elimination of liver byproducts so that the body does not reabsorb these compounds. These fibers act as prebiotics, supporting a healthy microbiome which assists in maintaining normal inflammatory balance.

Metabolic Detox® capsules provide a potent formula for liver health including silymarin, NAC, and alpha lipoic acid. These benefit multiple pathways, including oxidative stress and inflammatory pathways, to support the health of liver cells.

Deep Detox Protocol: Three products to support optimal liver function and health

- **Metabolic Detox® Complete (Natural Vanilla or Natural Chocolate):** 2 scoops in 8-12 ounces of water or as directed by a healthcare professional.
- **Metabolic Detox® capsules:** 1 capsule, 2 times a day, between meals or as directed by a healthcare professional.
- **BioMaintenance™ Prebiotic + Fiber:** 1 scoop stirred into 8 ounces of water 1-2 times per day or as directed by a healthcare professional.

Metabolic Detox® Complete (Natural Vanilla or Natural Chocolate)

This nutrient-enhanced protein powder provides a healthful meal replacement with a complete multivitamin, amino acids, and plant extracts to enhance daily nutrition and promote optimal liver function. Both Phase I and II detoxification processes will be amply supported by the nutrients provided in the shake.

- Provides 20 grams of pea, rice, and hemp protein for sustained energy.
- Nourishes Phase I and II detoxification pathways.*
- Enhanced with liver protective nutrients and plant extracts.*

Metabolic Detox® capsules

A potent liver support formula combining silymarin with alpha lipoic acid (ALA) and N-Acetyl-L-Cysteine (NAC). Silymarin aids in calming Phase I pathways while promoting Phase II pathways, minimizing the body's exposure to the toxic byproducts of Phase I activity. NAC is a precursor to glutathione, our major cellular antioxidant, and ALA provides beneficial support to antioxidant and glucose metabolism pathways.

- Supports liver tissue and function.*
- Supports the production of glutathione.*
- Supports balanced Phase I and II processes.*

BioMaintenance™ Prebiotic + Fiber

Up to 95% of Americans do not get enough fiber in their daily diet. Fiber supports healthy gastrointestinal elimination, an important step of our everyday detoxification processes. The prebiotic effect of these fibers supports a healthy microbiome, aiding in balancing inflammatory status.

- Promotes beneficial bacteria.
- Aids in bowel regularity.*
- Supports detox protocols by aiding elimination.*

Lifestyle Tip: Move your body

Liver health reflects whole-body health. Exercise is an important contributor to liver health through reducing fat, positively modulating blood glucose, and reducing inflammation. The liver is not picky about what kind of exercise gets done. It benefits from both high intensity and low intensity, aerobic exercise and weightlifting. Choose your favorite way to move your body and do it! Your liver will thank you.

* *These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.*